

\$15 to renew your  
KSRA Membership  
for 2005

## January 2005 NEWSLETTER

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Kentucky Squash Racquets Assn.  
[www.KySRA.org](http://www.KySRA.org)



### President's Message

As your new President let me begin by saying what a privilege it is to serve the Kentucky Squash Racquets Association. This is an organization I have been fortunate enough to be involved with in some manner or another for almost five years now. I realized early on how important the KSRA is to local and regional squash enthusiasts as it has the important responsibility of uniting club and non-club players in a wide array of events and activities focusing on the wonderful sport of squash. I credit the KSRA with maintaining my interest in squash. It is easy to settle into weekly matches with the same two or three regulars, but I have met many wonderful people and made some great friends as a result of the tournaments and training events.

This is an exciting time for the KSRA. Louisville has been fortunate enough to land a new squash professional, Jim Martel, who brings years of experience as well as some fresh ideas about the sport thus widening the depth of local squash resources. I encourage you to contact Jim and welcome him to our fine state. No doubt you will be seeing Jim courtside during KSRA tournaments; he will be employed at the Louisville Boat Club.

*By Jeff Watts-Roy, President*

### The Boat Club hires Jim Martel

Jim Martel played Hockey & Baseball while attending Northeastern University in Boston. He holds the all-time hockey scoring record at Northeastern. In 1977 he was drafted by the Toronto Maple Leafs.

He was a member of the 1982 World Champion Canadian National Team. Jim was offered a pair of tryouts with the Pittsburgh Pirates

On a holiday the group of people Martel was with was playing squash and he picked up a racket and has been playing ever since. Martel, a native Canadian, was ranked No. 3 in his home country in the over-45 age group in 1997. He was also a captain at the 1998 Toronto and District Men's A Team Championships. Jim has made a name for himself more as a coach than as a player. He was the Professional Squash Coach at the Glenway Country Club in Newmarket, Ontario for six years, ran camps at Dartmouth, Atlantic City and Philadelphia and directed three Canadian Junior Open Squash Championships.

Following this Jim became the third Women's Squash Coach at Penn. At Penn he coached 8 All Americans, 2 All Ivy Players, 2

Academic All Americans, 1 Ivy Player of the Year. He independently coached Runa Reta (currently ranked #38 in the world), Jamie Martel #15 Ranked Men's Player in Canada and numerous others. The Louisville Boat Club, to say the very least, is extremely fortunate and delighted to have Jim Martel on staff as our new Squash Professional.

We welcome all of Louisville's Squashers to come out and meet Jim Martel, participate in the events, and if you are interested in lessons or clinics with Jim, leave your name and phone number with our Pro Shop. (896-0424)

*By Mark Bollinger- LBC Squash Chairman*

## Mission Statement

*The mission of the Kentucky Squash Racquets Association is to promote the sport of Squash in the region. It is this organization's mission to foster an environment, through quality events and services, where the sport of squash thrives. The KSRA strives to grow and publicize the sport, maintain fair and consistent play of the sport, provide play at safe, sound, and regulation-based facilities, and tout the numerous health benefits of the sport--all while enhancing the relationships and camaraderie that can only originate on the court.*

## Squash Drills

Drill Fun Games:

### *Boast Drive Choice Game*

Player A boasts the ball from the back of the court, Player B has a choice of straight drive or cross court drive to player A... player must boast the ball from either back corner. Play the

game to 5 points. All players must be honest and get back to the T after every ball. Player B should win the drill game.

### *Boast Drop Lob Game*

Player A starts the game with a 3 wall boast. Player B drops the ball ... front wall side wall ... Player A picks up the drop and has a choice of lob either straight or cross court. Player B must boast the ball from either back court. Play this game to 5; if you hit the tin take 1 point off the total.

### *Up and Down the Alley game*

Player A hits a drive on the forehand down the wall. Player B hits the drive down the same wall. The winner of the first rally has the choice of boasting at anytime, or driving down the same wall again. All drives must go past the T line, and be between the inside of the service box line and the wall. If Player B has the boast option.. and he decides to boast, Player A must go up and retrieve the boast and either play a cross court drive to the service box that the boast came from, or lob to the same service box. Play this game to 9; each rally is a point. Remember your footwork and get back to the T like it was a whole court game.

*By Jim Martel*

## 2005 KSRA Board

Jeff Watts-Roy, President

John O'Callaghan, Vice-President

Jim Martin, Treasurer

Jay Hatcher, Secretary

### Board

Jim Boland

## Upcoming Events

### **January 29<sup>th</sup> & 30<sup>th</sup> Diabetes Tournament Louisville Boat Club**

Proceeds from this Squash and Tennis Tournament benefit Camp Hendon. For more information call LBC Pro Shop at 502-896-0424..

### **February 3 to 6 State Singles Boat Club and Pendennis Club**

The 47th State Tournament will have different skill level divisions. For more information visit [www.kysra.org](http://www.kysra.org) or call LBC Pro Shop at 502-896-0424.

### **February 10 to 13 State Doubles Louisville Boat Club**

Type a description of your event here. For more information visit [www.kysra.org](http://www.kysra.org) or call LBC Pro Shop at 502-896-0424.

### **February 25 to 27 Hahn Cup Boat Club and Pendennis Club**

### **March 19 March Madness Boat Club and Pendennis Club**

Louisville will host this 3 team event, and try to recapture the trophy from Lexington. For more information, contact Jim Martin at 502-594-3403

Mark Bollinger  
 Tom Campbell  
 Patrick Fulton  
 Jim Martel  
 Osman Shariff  
 Larry Sharpe  
 Ron Turnier  
 Wayne Wilson

## Benefits of KSRA and USSRA Membership

When you join the United States Squash Racquets Association you will receive Squash Magazine, and be eligible for National Tournaments and Rankings. Other benefits include their website [www.us-squash.org](http://www.us-squash.org), the USSRA

Yearbook, and Junior Programs. For a complete listing of membership benefits, please visit their website. You can also take an online refereeing course, to improve your understanding of the rules of the game.

Members of the KSRA Board would like to promote the concept of bringing Kentucky players to the next level of squash by encouraging more structured and extensive play both in the state and out of state. We recommend joining the USSRA and selecting the Kentucky SRA as your local association, which benefits both organizations. It is easy to join the USSRA by going to their website [www.us-squash.org](http://www.us-squash.org)

and clicking “Join the USSRA today”.

When joining the USSRA, please select Kentucky SRA as your local association (we are in the Southeast Region), and the KSRA will receive \$15 of the \$55 New Member fee. Renewal memberships are \$50 + a \$2.50 fee if you renew online.

Benefits of membership in the Kentucky Squash Racquets Association include organization of the state tournament and other tournaments, exhibitions and clinics (such as Peter Nicol and John White last year),



John White, Ron Turnier, Chris Fulton, Peter Nicol

intercity/club matches such as March Madness, and the KSRA Website at [www.kysra.org](http://www.kysra.org). We also have mailings of newsletters and member directories. The



Michael Jones, B Runner-Up Stephen Whitefield, B Winner

KSRA has a ranking of players on their website, which is also an interactive challenge ladder. For all

of these benefits, 2005 Membership in the Kentucky Squash Racquets Association will cost you only \$15.

*By Jim Martin and Jim Martel*

## Humana Tournament

The KSRA’s sixth annual Humana Tournament was held at the Humana Fitness Center the first weekend in December. The A draw featured tough semi-final matches between Ron Turnier and Zeb Haq in the lower draw, and Hammad Bokhari and John Flanigan in the upper draw. Zeb took Ron in a close 3-2 match. Hammad faced John Flanigan, head pro at the University Club in Chicago. John was back in his home town to visit his mother, a New Albany resident, on the occasion of her 90<sup>th</sup> Birthday!. This delightful lady came to the match and watched squash for the first time! After Hammad jumped out to an early and seemingly unbeatable lead, John pursued basics, and wore down his opponent for a tough 3-2 win. In the finals John bested Zeb Haq for the championship. Congratulations to John Flanigan.



Biggs Eckman, C/D Winner

The B draw saw spirited competition among 9 players. Brian Nutt “snuck up” on George

Dick with a surprise win in the quarter finals to make it to the semis. Stephen Whitefield, an unknown player to many since he is from England and has only been in town 2 years, made it to the semis against Brian. Stephen bested Brian to make it through to the finals. Michael Jones advanced past the rising young player, Jeff Watts-Roy, in the semis. The finals saw the British veteran become the B champ against Michael Jones. Congratulations Stephen, now the B players hope you are moved up to the A bracket. Yes "out of towners" were both A and B champs. Thanks to all for participating.

*By Jim Martin*

## Muhammad Haq now at Humana

Muhammad Waseem Ul Haq is now teaching at Humana Fitness Center. Muhammad has been teaching in Louisville since 1999, and can help bring your game to a higher level. With experience from international tournaments, he would be pleased to help you. To book a lesson, call Muhammad at 502-819-7860.

*By Jim Martin*



Nicol/White Clinic 2004



Kentucky Squash Racquets Assn.  
c/o Jim Martin  
1006 Evergreen Road  
Anchorage, Kentucky 40223

ADDRESS CORRECTION  
REQUESTED

Member Name  
Number Street Address  
City, State Postal Code

Stamp